

**The California Mental Health & Spirituality Initiative**

**Northern Region Conference**

# The Spirituality Factor



**Weaving Spirituality & Behavioral Health Using Evidence & Practice**

October 9 & 10, 2014  
Allen Temple Family Life Center  
8501 International Blvd.  
Oakland, California

**More information and registration at:**  
**[www.mhspirit.org](http://www.mhspirit.org)**

*Over 30 powerful workshops • Panel with County Behavioral Health Directors and other leaders • Faith leaders panel • Consumer & family members panel • TAY Focused Workshops • Some workshops offered in Spanish and Chinese • Multicultural entertainment • Foods from around the world • \$25 per day fee • Lived Experience scholarships available • CEUs & CMEs.*

*Be inspired by passionate speakers and informed about research findings regarding the relevance of faith and spirituality in mental health wellness and recovery. Learn and experience body-mind-spirit practices for self-care and for helping others.*



**Go Green:**  
Raffle prizes for those who bring their own reusable beverage container!



**MENTAL HEALTH & SPIRITUALITY INITIATIVE**  
Center for Multicultural Development  
California Institute for Mental Health



**CBHDA**

County Behavioral Health Directors Association of California